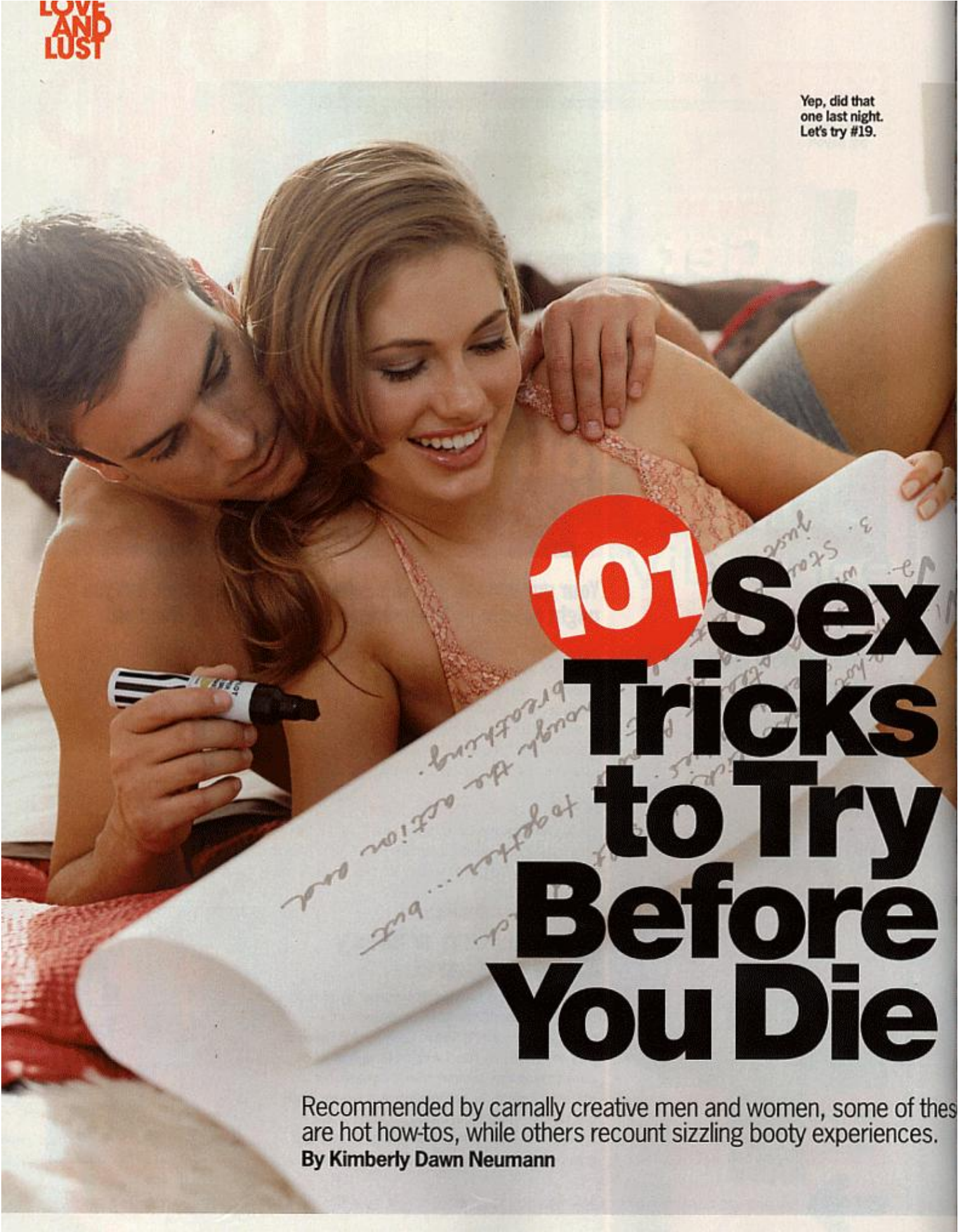


LOVE  
AND  
LUST

Yep, did that  
one last night.  
Let's try #19.



# 101 Sex Tricks to Try Before You Die

Recommended by carnally creative men and women, some of these are hot how-tos, while others recount sizzling booty experiences.

By Kimberly Dawn Neumann



- 1 On a hot night, lick the salt off each other's sweaty bodies.
- 2 Take a steamy shower together...but with the lights out.
- 3 Stay silent all through the action and just listen to your breathing.
- 4 Make missionary sex more passionate by wrapping your feet around his lower legs and ankles and pulling up toward him as he thrusts downward.
- 5 **Spooning has a tame rep, but it's incredibly hot: I can get really deep, play with my girl's breasts, and feel her backside buck against my hips. It's total-body pleasure.**
- 6 Sit on his lap totally naked...except for boots. Cowboy boots, stiletto boots, motorcycle boots, whatever—they're so powerful and sexy.
- 7 The perfect oral-sex technique: Pretend his hard-on is an ice cream cone that's melting quickly. You have to keep licking at different angles, swirling the melting drops upward and putting your entire mouth around the scoop on top.
- 8 Hold his arms over his head during woman-on-top and nibble the skin between his armpit and elbow.
- 9 Try standing-up-against-a-balcony sex. There's a reason this booty style is a staple of every porno flick and X-rated photo spread.
- 10 I went out with this chick who capped off an oral-sex session by licking the area between my balls and shaft. It was out of this world. In seconds, I was hard all over again.
- 11 Lie naked against your man, your back to his chest, and encourage him to whisper all of his dirty desires to you.

- 12 Have him undress you slowly and take the time to kiss and caress each body part as it comes into view.
- 13 Get your guy to skip the in-and-out thrusts and ask him to "stir" with his penis. He'll stimulate every steamy inch of you.
- 14 Put a little bit of lubricant on your hands and intertwine your fingers. Then grip your man's penis with your palms, and move your hands up and down his shaft.
- 15 Let me know you're not wearing panties by taking my hand and placing it under your skirt.
- 16 Just as I reach peak, pump my balls in your hand in time with the contractions of my orgasm.
- 17 Have your guy lie on top of you and enter you from behind, then close your legs so his legs are outside of yours. It's the perfect position for G-spot stroking.
- 18 Pull off the road and find a secluded spot, then get busy in the car. It's even hotter if you can hear the traffic, because you feel like you might be caught at any moment.
- 19 Turn on a fan while rubbing him down with ice cubes. The fan makes the ice feel extracold against his skin, and when you put your mouth on his body, he'll get goose bumps from the sudden shivery sensation.
- 20 Command your man to remain still during doggie-style, and move your butt in slow circles.
- 21 **Hold my hands gently while you're doing me in woman-on-top. It's another way for me to feel all the incredible sexual energy coursing through your body.**
- 22 Have your man caress your clitoris with his ring finger, which is less likely to feel as rough or rigid as his index or middle finger.
- 23 Right before I enter you doggie-style, spread your legs as far as you can and reach behind so you pull your cheeks apart.
- 24 Do me in my office on company time. I know it's cliché, but every day that I spend sitting at my desk, it crosses my mind at least 20 times.

- 25 While your guy is giving you oral sex, take his hand and show him how to stroke you at the same time.
- 26 There's this yoga pose my girl does when we're having woman-on-top sex: She sits on her folded legs and leans over so her breasts rest on her knees, her arms stretched out in front of her. Her grip is so tight, I see stars.
- 27 Get your guy to kiss your V zone the way he'd kiss your mouth, massaging his lips against it rather than using his tongue to stimulate you. The softer touch is a lot more arousing.

## 28 Ride him reverse-cowgirl style while he grips your ankles.

- 29 Every guy, no matter how old he is, secretly fantasizes about playing student to a mature, more experienced teacher. Suggest this role-playing game one night and you'll make his high-school dream come true.
- 30 Take oral sex one step further by cupping my family jewels in your mouth one at a time.
- 31 Put on a little show for me with your thong by bending over and sliding it up and down between your cheeks.
- 32 You know that soft spot where my neck meets my hairline? Sit behind me, and run your tongue along it.
- 33 While we twist the sheets, pull the cups of your bra down just enough so that your nipples peek out.
- 34 Open your legs wide so your guy can go deep. Bring them together... then spread them again. Constantly shifting the position of your legs will switch up the sensations your guy experiences.
- 35 Do it stretched out on the couch. The smaller space makes you feel so contained, like you're melded together.
- 36 Get a Brazilian bikini wax, then torture your guy by straddling his chest and telling him he can look... but not touch.

## Postsex Thoughts

We polled hundreds of dudes on what pops into their heads postpassion. ● 35%: "I hope she thought I was good." ● 28%: "I just want to sleep." ● 24%: "Did she really reach orgasm?" ● 13%: "I'm hungry."

SOURCE: COSMO WEB POLL



- 37** Don't just show up in bed in a sexy new piece of lingerie—model it for me. It's not the garment that gets me but the way it clings to your curves.

## 38 Let your guy know what feels good during sex by digging your nails into his skin when he hits all the right spots.

- 39** I'm not keen on asking for directions, so when I go down on you, just put your hands on my head and guide me like you're steering a car.
- 40** When you're on top and you can sense your guy is ready to blow, lean forward and treat him to a full-on mouth kiss. The sensation of your tongue pulsing in his mouth will mimic what's going on down below.
- 41** **Lean over me and let your nipples graze my lips. Then pull back a bit so I can watch them get hard.**
- 42** Instead of pleasing each other simultaneously during 69, let's take turns: One person goes to town while the other groans and moans about how good it feels.
- 43** You know how you put lotion on your body every a.m. before getting dressed? One morning, hand me the bottle and let me spread some across your calves, thighs...everywhere.
- 44** Come to bed in old-fashioned bikini panties—the kind with the satiny fabric that clings to your cheeks and makes your legs look long and sleek.
- 45** Hold my penis like a joystick: your fist wrapped around the base and your thumb pumping the ridge on the underside where the head and the shaft meet. That spot is like a blast-off trigger.
- 46** E-mail me the URL of an X-rated Web site that contains words or pictures that really make you tingle.
- 47** Instead of propping one leg on each of my shoulders during missionary, keep your legs together and put

them both on one shoulder. I can hold them for leverage and get inside you so deep.

- 48** The faster you bounce up and down during woman-on-top, the more your breasts will jiggle...a sight that I live for.
- 49** I'm all about the urgency of sex. So instead of telling me how you like to be touched, say "This is how I need to be touched." Then treat me to a demonstration.
- 50** Start off a long, lazy lovemaking session by leaving a trail of soft, wet kisses from the side of my neck up to my earlobe.
- 51** Wet his finger and trace it along the underside of your breast. The skin here is thinner and more responsive.
- 52** **In the middle of reverse cowgirl, lean all the way over and put your mouth around my big toe. Sounds crazy, but it'll make me explode.**
- 53** You know how we sometimes stay in and have movie night? Surprise me by making it porno movie night.
- 54** Massage my manhood with your silkiest panties. Every so often, put your lips on the side and blow against the cool, sensual fabric.
- 55** Knead your fingertips into my backside as you give me oral.
- 56** When we're both home just chilling out, go in the other room and call my cell. Get me all hot and bothered with dirty talk...then appear in the doorway and finish off our phone-sex session in real time.
- 57** Spread baby oil all over your breasts before we get busy.
- 58** Have your guy place his penis against your V zone. Slide up and down it several times so he experiences how wet you are without being inside you.
- 59** One night, tell him in explicit detail about the sexiest move he's ever made and how fired up it got you.
- 60** After a shower, get him to take you from behind while you're leaning over the bathroom sink and looking in the fogged-up mirror.
- 61** As you drive home from a night out, place your man's hand between your legs and allow him to play with you all

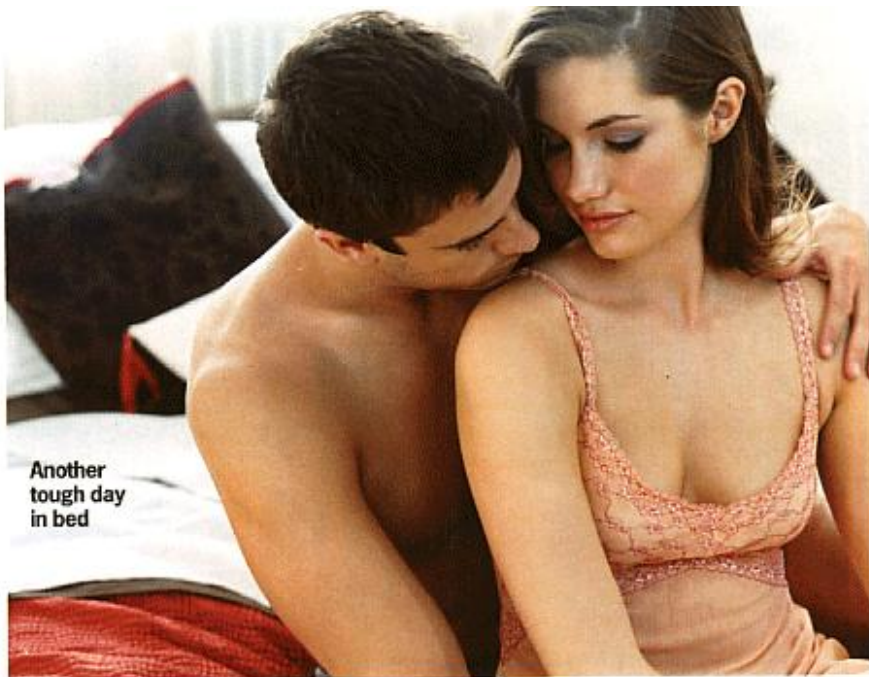
the way home. The more you converse and behave as if nothing is going on, the more exciting it is for him.

- 62** Let me climax on your body. I know you think it's nasty, but you can't imagine how much I get off on it.
- 63** One night, while we were out to dinner with her parents, my girl slid her camera phone between her legs, took a photo, and texted it to me. When I checked my cell before dessert, I almost blew a gasket.
- 64** Have sex on a swing. That weightless, flying feeling will get more than your adrenaline pumping.
- 65** Making intercourse the finish line can get repetitive. I like to turn oral sex into the main event: I tell my fiancé to lie back on the bed, then I lick him from his belly button all the way down to his balls and back, again and again.
- 66** Treat me to oral when I'm sitting up. I want to be able to watch you while you're making me feel so good.
- 67** **When I'm really about to climax and the skin on my shaft is craving a rough feel, wrap your hands around the base and twist in opposite directions.**
- 68** Wake up 15 minutes before I do so when I open my eyes, there's a good chance I'll catch you slipping into your panties as you get dressed for work.

## 69 Turn off the AC or crank up the heat. Sweaty sex is just so primal and animalistic.

- 70** Give me a play-by-play on how close to orgasm you are so I know exactly when I'll feel you clamp down and pulse against my manhood.
- 71** Lick along my cut lines—the creases that separate my thighs from my torso. (But don't let your tongue go any further.) They're a surprisingly hot erogenous zone on their own.
- 72** Hit the sheets with your hair pinned on top of your head, then undo the barrette and let it flow loose.





Another tough day in bed

- 73 Do it somewhere really wild—an amusement park ride, a taxi, in the bathroom at a pal's party. It may not be the most orgasmic sex ever, but the novelty of it will be thrilling.
- 74 Most dudes tend to turn sex into a sprint that's all about the final big bang. But if you take things really slow, he'll be able to feel every itty-bitty stroke and lick.
- 75 **Let me watch you play with yourself...from behind.**
- 76 Wear sheer thigh-high stockings, then stand over me naked and let me roll them off one leg at a time.
- 77 Once I was giving my boyfriend oral sex when I got this idea about pressing a vibrator to the small of his back. The two sensations together were so intense, they practically propelled him out of bed.
- 78 Wear a supershort denim miniskirt—the kind bad girls always wore when I was growing up. Then be a bad girl by taking my hand when I least expect it and letting me feel your wetness.
- 79 If you get me to lie down on the bed and rest my legs on your shoulders while you go down on me, I'll feel way more open to sensation.
- 80 Let me run my manhood up and down your butt cleavage.
- 81 Have him flick his tongue against your clitoris through panties. The indirect stimulation is hotter than if he were touching you tongue to skin.

- 82 One rainy day, let's call in sick and vow to set our very own sex record, doing the deed as often as we can.
- 83 **When we're out in public and it would be totally impossible to get away for a quickie, brush your fingers over the outside of my jeans. Do it a few times to really get a rise out of me.**
- 84 Before we get busy, do a little belly dance for me. I just can't get enough of the way your hips shake.
- 85 Take a cake-icing tube and draw a circle around my package. Bull's-eye.
- 86 Wear one of those corset-style bras with the zillion strings I've been seeing around this summer and ask me to untie it. As my frustration builds, so will my desire for you.
- 87 With my friends nearby, grab my butt, make out with me, and smile at me suggestively. I want them to really envy the fact that you're with me.
- 88 When I come home from work, my jaw will drop if I find you sprawled out naked on my bed, centerfold-style. Bonus points if you pretend that you have no idea why I'm so turned on.
- 89 After a night of romantic lovemaking, follow up with a session of down-and-dirty sex. Think four-letter words, leather instead of satin, and props like handcuffs. He'll feel like he's gotten busy with a different chick both nights.
- 90 Look into my eyes during the deed. The emotional connection is amazing.

## 91 **Tell me that you absolutely have to have me right this second. Don't wait for me to respond, just pounce.**

- 92 In the middle of intercourse, I'll whisper to my guy that the neighbors are watching us. It's not true and he knows it, but the idea that other people might be glimpsing us kicks our lust up a notch or two.
- 93 Rather than licking my manhood with the flat of your tongue, roll your tongue in a tube around just the tip of my penis and slide it in and out of your mouth.
- 94 Ask your man to sit on his hands, then treat him to a slo-mo, sensual lap dance. Don't allow him to touch you, but touch him everywhere with your nipples, hair, fingers, and toes.
- 95 Wherever I have body hair, the skin is super-receptive to touch. So lavish plenty of attention around my nipples, treasure trail, and belly button.
- 96 **After we've both climaxed, let me get a washcloth so we can take turns sponging each other off.**
- 97 Make sure your mouth is tense before you give me oral sex. The firm feel of your usually soft lips will send me through the roof.
- 98 This is tricky, but the sensations are out of this world: During missionary, move your hips in deliberate counter-clockwise circles, then ask your guy to move in clockwise motions.
- 99 Cut the fabric out of an old tee shirt so your nipples show through. I'll lend you an old one of mine if you don't want to mess up one of yours.
- 100 While you keep grinding against me slowly during woman-on-top, spread your lips with your fingers.
- 101 Let's stay in bed while we wind down from orgasm. I really love being so close to you, feeling your pulse slow down and listening to your heart-beat return to normal. ■